

Behavioral Health

- **Goal 2:** Reduce environmental risk factors associated with behavioral health issues.
 - Objective 2.1: Increase community awareness of behavioral health services.





Community Health Improvement Plan 2019-2023

Annual Report – Year Four

Priority Issue: Behavioral Health					
Goal 2		Reduce environmental risk factors associated with behavioral health issues.			
Objective 2.1		Increase community awareness of behavioral health services.			
Key Actions		Timeline	Responsible Partners	Dedicated Resources	Accomplishments
2.1.A	Complete website for information and navigation on behavioral health resources for adults	01/2019 - 12/2023	Awareness Subcommittee, CSB	CSB and website	 Identified key elements for an online resource. Began meeting with Healthy Minds Fairfax to determine if their website should be updated or replicated. Content for new information and navigation website, to be hosted by the Community Services Board, has been developed. Website is in production. In 2022, determined that activity was no longer feasible.
2.1.B	Expand participation in trainings to help people recognize individuals in distress, understand available resources, and facilitate help-seeking behaviors.	01/2019 - 12/2023	Gatekeeper Training Subcommittee	None identified	 Began offering Applied Suicide Intervention Skills Training (ASIST) to the public through the CSB. CSB continues to provide QPR (Question, Persuade, Refer) and Virginia Mental Health First Aid trainings. Published a guide to gatekeeper trainings and how to access them in Fairfax County.