

Healthy Eating

- **Goal 2:** Increase access to fresh and healthy foods for all.
 - **Objective 2.1:** Increase the amount of healthy food donations to food pantries and supplemental food assistance programs.

Priority Issue: Healthy Eating					
Goal 2		Increase access to fresh and healthy foods for all. *			
Objective 2.1		Increase the amount of healthy food donations to food pantries and supplemental food assistance programs.			
Key Actions		Timeline	Responsible Partners	Dedicated Resources	Accomplishments
2.1.A	Educate donors to food pantries about the need for healthy, culturally appropriate, and allergy-sensitive food donations.	01/2019 - 12/2020	FFC, Nutrition Literacy Working Group (NLWG), Food Provider Network (FPN), FFO, Britepaths, Cornerstones, Virginia Cooperative Extension (VCE), Faith Communities in action (FCIA)	None identified	<ul style="list-style-type: none"> Revised Healthy Food Donation Guide. Promoted the Healthy Food Donation Guide through website and social media.
2.1.B	Develop a protocol for school lunch donations to pantries and other food programs.	01/2020 - 06/2022	FFC, Access Working Group (AWG), FCPS, FFO	None identified	<ul style="list-style-type: none"> The FCPS protocol that is used in schools for coordinating school lunch donations was acknowledged and highlighted. Identified a champion and program that is working in two elementary schools to be used as a model to share with other schools when schools reopen. Food rescue restarted at two collaborating schools by using a simple system for collecting left over food, while PTA parent volunteer to pick-up and deliver to Food for Others. AWG Task Force formed to develop a toolkit that will likely start with this simple approach that can be shared and promoted to other Fairfax schools. Published Care to Share Toolkit that provides guidance about starting up a food rescue program at Fairfax schools. Toolkit is on FFC website; outreach and promotion underway.
2.1.C	Maximize and expand gleaning programs which collect excess fresh foods to provide it to those in need.	01/2019 - 12/2020	FFC, FFO, NCS	None identified	<ul style="list-style-type: none"> Developed an active Gleaning Network. Produced an interactive gleaning map that documents farmers' markets being gleaned and organizations receiving the gleaning donations. Identified contacts for each organization for engagement of volunteers to help with the gleaning.
2.1.D	Promote healthy food selections for weekend bag programs and school pantries.	01/2019 - 06/2020	FFC, Britepaths, FFO	None identified	<ul style="list-style-type: none"> Communicated with all food coordinators to promote only healthy food donations. Eliminated unhealthy food from weekend bag programs and school pantries.
Status Legend:					
✓ Action Performed		🔄 Action In-Progress		⊘ Action Not Started	
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