

# Healthy Eating

- **Goal 2:** Increase the number of environments that promote healthy food choices and educational resources.
  - **Objective 2.1:** Increase the number of schools that adopt healthy eating guidelines outside of the Fairfax County Public School's Food and Nutrition Services setting.



| Priority Issue: Healthy Eating (HE)  |  |      |  |                 |   |  |
|--|--|------|--|-----------------|---|--|
| Goal 2   | Increase the number of environments that promote healthy food choices and educational resources.   |      |  |                 |   |  |
| Objective 2.1  | Increase the number of schools that adopt healthy eating guidelines outside of the Fairfax County Public Schools' Food and Nutrition Services setting. |      |  |                 |   |  |
| Key Actions  | Timeline   |      | Responsible Parties  | Resources       | Measures  | Status   |
|  | Start  | End  |  |                 |   |  |
| <b>2.1.A</b><br>Review and revise school wellness policies and procedures for activities during the instructional day.                           | 10/16  | 9/18 | Lead: Fairfax Food Council (FFC)   | None identified | # school policies revised: TBD  | <b>NOT STARTED</b>   |
| <b>2.1.B</b><br>Establish a community taskforce to examine nutrition in schools outside of school meals provided by Food and Nutrition Services. | 10/16  | 9/18 | Lead: FFC<br><br>Food for Others, Britepaths, Fairfax County Public Schools (FCPS) | None identified | Establishment of community taskforce to examine nutrition in schools: TBD | <b>NOT STARTED</b><br><br><b>PLAN FOR YEAR FOUR</b><br><ul style="list-style-type: none"> <li>• Convene a meeting of nonprofits in partnership with FCPS regarding weekend provision of supplemental food assistance.</li> <li>• Develop a taskforce to examine school nonprofit food assistance programs for areas lacking coverage and opportunities for collaboration.</li> </ul> |
| <b>2.1.C</b><br>Establish, communicate, and implement guidelines and recommendations.  | 10/16  | 9/18 | Lead: FFC<br><br>Food for Others, Britepaths, FCPS                                 | None identified | Revision of supplemental food guidelines: TBD                             | <b>NOT STARTED</b><br><br><b>PLAN FOR YEAR FOUR</b><br><ul style="list-style-type: none"> <li>• Review and revise best practices on weekend provision of supplemental food assistance with nonprofits and faith-based organizations.</li> </ul>  |