

Healthy Eating

- **Goal 2:** Increase the number of environments that promote healthy food choices and educational resources.
 - **Objective 2.5:** Promote nutrition as a part of standard health care.



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Key Actions	Timeline		Responsible Parties	Resources	Measures	Status
	Start	End				
2.5.A Examine best practices for nutrition screening and counseling for primary care doctors and compile recommendations.	10/16	9/17	Lead: Department of Family Services Office for Children (DFS OFC) Head Start and Early Head Start Fairfax Food Council (FFC); Fairfax County Health Department (FCHD) Maternal Child Health Services (MCH)	None identified	Identification of best practices for food insecurity screening: Completed	COMPLETED YEAR THREE <ul style="list-style-type: none"> Hosted a food insecurity panel discussion, which highlighted screening for food insecurity in a medical setting. Applied for and received award notification for a grant to pilot a project focused on addressing food insecurity in a pediatric clinical setting. Used <i>Addressing Food Insecurity: A Toolkit for Pediatricians</i>, developed by American Academy of Pediatricians (AAP) and the Food Research & Action Center, to develop best practice models for the pilot project.
2.5.B Identify community resources and tools that medical practices can use for referral sources.	10/16	9/18	Lead: DFS OFC FFC; FCHD MCH; Burke Pediatrics	University of California, Los Angeles, Johnson & Johnson Community Health Improvement Project Award \$1000 12/16 – 12/17	Development of community resources and tools for medical practices: TBD	NOT STARTED <p>PLAN FOR YEAR FOUR</p> <ul style="list-style-type: none"> Create a food insecurity assessment tool to be piloted in a pediatric practice. Produce a nutrition resources parent education pamphlet to be used by pediatric offices with clients. Develop a food insecurity assessment tool to be used by FCHD MCH nurses. Make a food access guide to be used by MCH nurses with clients identified as food insecure. Pilot the assessment tools and resources.

Objective 2.5 Continued	Promote nutrition as a part of standard health care.					
Key Actions	Timeline		Responsible Parties	Resources	Measures	Status
	Start	End				
2.5.C Promote awareness of recommendations, tools, and resources.	10/17	9/18	Lead: DFS OFC FFC; FCHD MCH	University of California, Los Angeles, Johnson & Johnson Community Health Improvement Project Award \$1000 12/16 – 12/17	Distribution of assessment tools and resources: TBD	NOT STARTED PLAN FOR YEAR FIVE <ul style="list-style-type: none"> Analyze data from the pilot program and make recommendations for improvement and replication. Share recommendations, assessment tools and materials with other medical practices in Fairfax County.