



Priority Issue: Healthy Eating (HE)

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| Goal 1 | Increase the accessibility and affordability of healthy food. | | | | | |
| Objective 1.2 | Increase the amount of healthy food that is donated to pantries. | | | | | |
| Key Actions | Timeframe | | Responsible Parties | Resources | Measures | Status |
| | Start | End | | | | |
| 1.2.A Develop guidelines and recommendations for healthy food donations. | 10/13 | 9/14 | Leads: Neighborhood and Community Services (NCS) Community Transformation Grant (CTG) staff, Fairfax County Health Department (FCHD) staff HE Priority Issue Team (PIT) | Centers for Disease Control and Prevention (CDC) CTG \$500,000 10/13-9/14 Virginia Department of Health (VDH) Healthy Eating and Active Living (HEAL) Grant \$67,410 1/14-9/14 Kaiser Foundation (KF) Grant \$14,994 8/14-6/15 | Development of guidelines for food pantry donations: 6/14 # guideline brochures printed: 5,000 | COMPLETED YEAR ONE <ul style="list-style-type: none"> Developed and printed the “Guidelines for Food Pantry Donations” brochure, which included information on food insecurity in Fairfax County, the Food Providers Network, and guidelines to consider when donating food to a pantry. |

| Objective 1.2 Continued | Increase the amount of healthy food that is donated to pantries. | | | | | |
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| Key Actions | Timeframe | | Responsible Parties | Resources | Measures | Status |
| | Start | End | | | | |
| <p>1.2.B Promote guidelines and recommendations to local food providers.</p> | 6/14 | 9/18 | Lead: FCHD Food Providers Network, HE PIT/Fairfax Food Council (FFC) Food Literacy Workgroup | CDC CTG \$500,000 10/13-9/14 VDH HEAL Grant \$67,410 1/14-9/14 KF Grant \$14,994 8/14-6/15 | Promotion of guidelines for food pantry donations: Completed | <p>COMPLETED YEAR TWO</p> <ul style="list-style-type: none"> • Distributed guideline brochures to local food providers, residents, and other interested parties via the Food Providers Network. • Posted the guidelines on the Live Healthy Fairfax website in 11/14. • Distributed a press release about the guidelines in 1/15. • Presented to faith community representatives at the United Methodist Church regional meeting and at Herndon/Reston FISH regarding gardening and support for food pantries. <p>COMPLETED YEAR THREE</p> <ul style="list-style-type: none"> • Developed and conducted a survey of food pantries at St. Vincent de Paul Food Pantry in Chantilly in 9/16. <p>COMPLETED YEAR FOUR</p> <ul style="list-style-type: none"> • Identified four areas within the Food Literacy group to focus on – sugar-sweetened beverages, fruits and vegetables, kid-friendly cooking/snacks, and building a healthy plate. • Used data from the food pantry survey to adapt and develop nutrition education resources centered on the identified four topic areas. • Piloted nutrition education at a food pantry. <p>PLAN FOR YEAR FIVE</p> <ul style="list-style-type: none"> • Revise food pantry nutrition tool kit materials for distribution to pantries and community programming. |
| <p>1.2.C Create and disseminate a listing of food pantries accepting fresh produce.</p> <p><i>(Added 1/16)</i></p> | 10/14 | 9/16 | Lead: HE PIT/FFC | None identified | Dissemination of food pantry listing: Completed | <p>COMPLETED YEAR TWO</p> <ul style="list-style-type: none"> • Developed a listing of food pantries accepting fresh produce and their schedule for deliveries and disseminated it to community gardeners and faith communities with gardens. <p>COMPLETED YEAR THREE</p> <ul style="list-style-type: none"> • Updated the listing of pantries accepting produce and distributed it to gardeners and faith communities. |